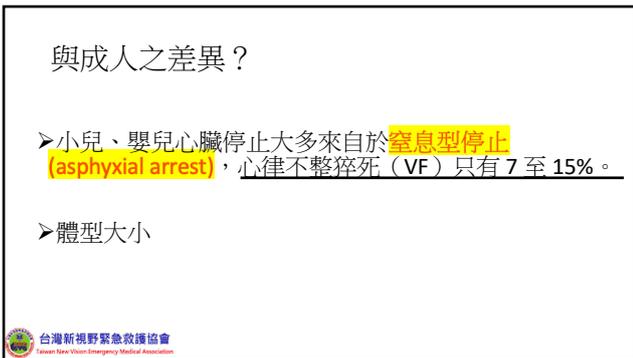




1



2



3



4



5



6

**求救
檢查脈搏呼吸**

叫 叫 CABD



7

若無法求救時！！
(如您單獨一人，且沒有攜帶手機)

目擊病患倒下 → 先離開患者去**求救**，並取得 AED 再開始 CPR (VF)

非目擊病患倒下 → 先給予**2分鐘**的 CPR 再離開患者去求救並取得 AED



8

小兒
檢查**頸動脈**或**股動脈**搏

嬰兒
檢查**肱動脈**搏




9

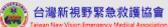
叫 叫 CABD



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小兒壓胸姿勢

- 單手掌根置於**胸骨下半部**(**兩乳連線中間**)
- 上方手得置於傷病患**前額**，使呼吸道稍微伸張
- 下壓深度約**5公分**
- 若小孩體型較大，可雙手十指交疊按壓

11

嬰兒壓胸姿勢

- 操作前得先以**墊肩姿勢**維持呼吸道稍為伸張
- 按壓胸部正中央，**略低於兩乳頭連線處**
- 下壓深度約**4公分**




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雙手環抱法 vs. 單手兩指法



每分鐘100-120次之速率

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BLS 2020 Instructor Update | Science Updates

Infant Compressions



A single rescuer may now use 2 thumbs or the heel of 1 hand for infant compressions.

2020 (New): For infants, single rescuers (whether lay rescuers or healthcare providers) should compress the sternum with 2 fingers or 2 thumbs placed just below the nipple line (mammary line).

2020 (New): For infants, if the rescuer is unable to achieve guideline-recommended depths (at least one third the diameter of the chest), it may be reasonable to use the heel of 1 hand.

Why: Systematic reviews suggest that the 2-thumb-encircling hands technique may improve CPR quality when compared with 2-finger compressions, particularly for depth. However, there are limited data comparing the various hand positions.

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1人急救時為 30:2，壓胸與吹氣不間斷

2人急救時為 15:2，壓胸與吹氣不間斷

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嘴巴罩住口鼻，給予吹氣 2次，注意胸部起伏



Baby

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<https://www.mzbaby.com/knowledge-detail/?page=3&id=6272>

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